Positive social media accounts to boost your mood

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 The Happy Sloth Club

<https://www.instagram.com/thehappyslothclub/?hl=en>

 Mantra Magazine

<https://www.instagram.com/mantramagazine/?hl=en>

 How Mental

<https://www.instagram.com/howmental/?hl=en>

 Mental Health Foundation

<https://www.instagram.com/mentalhealthfoundation/?hl=en>

 Paws Up

<https://www.instagram.com/pawsup/?hl=en>

 Action for Happiness

<https://www.facebook.com/actionforhappiness/>



 The Happy Newspaper The Power of Positivity

<https://thehappynewspaper.com> <https://www.facebook.com/powerofpositivity/>