

<b>Course information</b>			
<b>Year: 12-13 Subject: BTEC Level 3 National Extended Certificate in Sport</b>			
<b>Subject</b>	Physical Education and Sport	<b>Subject leader contact information</b>	Mr A Curtis
<b>Exam Board</b>	Edexcel	<b>Specification Code</b>	
<p><b>Subject Content</b>            A broad basis of study for the sport sector. This qualification is designed to support progression to higher education. Students will cover the following units:  <b>Year 12 - Unit 1:</b> Anatomy and Physiology <i>and</i> <b>Unit 6:</b> Sports Psychology  <b>Year 13 - Unit 2:</b> Fitness Training and Programming for Health, Sport and Well-being <i>and</i> <b>Unit 3:</b> Professional Development in the Sports Industry.</p>			
<p><b>Additional Equipment Needed</b></p> <ul style="list-style-type: none"> <li>A course folder to organise unit resources.</li> </ul>			
<b>Assessment Details:</b>			
<p><b>Unit 1:</b> Anatomy and Physiology (Externally assessed, written examination 1hr 30mins)  <b>Unit 6:</b> Sports Psychology (Internally assessed, via set assignments)  <b>Unit 2:</b> Fitness Training and Programming for Health, Sport and Well-being (Externally assessed, Part A case study preparation, Part B supervised assessment.)  <b>Unit 3:</b> Professional Development in the Sports Industry. (Internally assessed, via set assignments)</p>			
<p><b>To be successful students will need to be able to:</b></p> <ul style="list-style-type: none"> <li>Develop their time management and organisational skills to allow for further reading, exam preparation and assignment completion.</li> <li>Respond to a variety of short, long and extended answer questions in exam conditions.</li> <li>Plan a response to a case study/scenario in order to outline an appropriate course of action to improve fitness and well-being</li> <li>Apply their knowledge to respond to a variety of assignment briefs.</li> </ul>			
<b>What can I do to support my child at home?</b>			
<ul style="list-style-type: none"> <li>Ask students to explain what they have covered in class as this can help 'internalise' information.</li> <li>Ensure homework on Show my homework is completed.</li> <li>Provide support in organising time to work on assignments.</li> <li>Support work at home on exam practice using sample assessments and past papers. Mark responses and discuss improvements using the mark scheme.</li> </ul>			
<b>Recommended resources for the course:</b>			
<p><b>Websites</b>            Exam board specification and sample assessments - <a href="https://qualifications.pearson.com/content/dam/pdf/BTEC-Nationals/Sport/20161/specification-and-sample-assessments/9781446938096_BTEC_Nat_ExtCert_Sport_SPEC.pdf">https://qualifications.pearson.com/content/dam/pdf/BTEC-Nationals/Sport/20161/specification-and-sample-assessments/9781446938096_BTEC_Nat_ExtCert_Sport_SPEC.pdf</a></p>			
<p><b>Books</b>  <b>Student Book:</b> BTEC National Sport Students Book <b>ISBN:</b> 9781292134000  <b>Revision Guide:</b> Revise BTEC National Sport Units 1 and 2 Revision Guide <b>ISBN:</b> 9781292230535</p>			
<b>Teaching Staff Contact Details</b>			
<b>Name</b>	<b>Role</b>	<b>Email</b>	<b>Tel</b>
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