

↑
Going Up



Crayola unveils new Crayon pack of skin tone colours from around the world to promote inclusivity



Soul Boy: The teen who found a home on the dancefloor

Weekly Wellbeing

Your weekly dose of goodness to help keep you happy, healthy and mentally well

Feeling Artsy...

This week we have decided to theme all our resources around The Arts, so from writing, photography, film making, painting and to dancing! Using arts and being creative is an amazing way to look after our mental health, particularly when you find one that you really love and enjoy 😊



Watercolour Painting

12 FREE TUTORIALS

SEE MORE AT WWW.CLEMENTINECREATIVE.CO.ZA

Learn a dance routine!



A message from Youth Concern

Youth Concern has supported Aylesbury Vale's vulnerable 13-25s for 40 years, but since closing our drop-in centre and moving their service online, they are only reaching a handful of the young people.

Youth Concern are rapidly adapting their work to go digital, with activities and support moving online. During the pandemic we want to increase our offer of emotional support across Aylesbury Vale. In order to do that, they want to hear from young people about what services they would value:

<https://www.youthconcern.org.uk/about/youngpeoplesvoices/>



Quote of the week

“Art is not what you see, but what you make others see.”

Edgar Degas

— 30 DAY CHALLENGE —



- | | |
|---------------|-------------------|
| 1. Nature | 16. Seasonal |
| 2. Industrial | 17. Technology |
| 3. Clothing | 18. Abstract |
| 4. Reflection | 19. Home |
| 5. Shiny | 20. Nostalgic |
| 6. Love | 21. Morning |
| 7. Connection | 22. Sweet |
| 8. Indoors | 23. Hobby |
| 9. Home | 24. Work |
| 10. Joy | 25. Food |
| 11. White | 26. People |
| 12. Words | 27. Action |
| 13. Evening | 28. Water |
| 14. Red | 29. Routine |
| 15. Comfort | 30. Self Portrait |

Harry Potter Word Search

N	W	E	A	S	L	E	Y	H	T	M	A	E	N
I	M	S	R	P	R	N	A	F	L	R	E	Y	C
R	A	C	W	D	G	R	A	N	G	E	R	A	G
E	G	A	R	I	R	R	G	L	G	O	T	F	R
H	R	R	N	Y	C	H	E	R	M	I	O	N	E
T	Y	V	O	H	D	F	S	R	W	U	H	O	T
Y	F	O	C	U	Q	T	E	D	D	R	R	C	R
L	F	T	A	T	R	T	Y	H	A	G	R	I	D
S	I	O	L	A	T	H	L	R	O	N	A	L	D
W	N	N	W	O	V	O	L	D	E	M	O	R	T
G	D	G	P	G	Q	U	I	D	D	I	T	C	H
F	O	T	J	K	R	O	W	L	I	N	G	A	B
H	R	I	R	R	C	S	U	B	L	A	V	D	K
S	H	E	H	I	G	O	A	L	E	S	U	D	U

HARRY
POTTER
J.K. ROWLING
RONALD
WEASLEY
HERMIONE
GRANGER
HOGWARTS
WITCHCRAFT
VOLDEMORT
ALBUS
SCAR
HAGRID
QUIDDITCH
GRYFFINDOR
SLYTHERIN



Giant Cookie Recipe



200g butter at room temperature, plus extra for the pan
250g light brown sugar
2 egg yolks
½ tsp vanilla extract
275g plain flour
1 tsp baking powder
150g chocolate chips
100g other cookie fillings, such as pretzels, chopped nuts, pieces of fudge or toffee, marshmallows
Vanilla ice cream, to serve (optional)

Heat oven to 180C/160C fan/gas 4. Tip the butter and sugar into a large mixing bowl, beat until combined, then stir in the yolks and vanilla. Tip in the flour, baking powder, chocolate chips, a pinch of sea salt and any other fillings you want to add. Mix until a crumbly dough forms.

Lightly butter a 25cm ovenproof frying pan. Spoon in and flatten the cookie mixture. For a gooey dessert, bake for 20 mins, leave to rest for 5 mins, then scoop straight from the pan and serve with ice cream, if you like. For a firmer cookie you can cut, bake for 30 mins, then leave to cool completely before cutting into wedges.

Got some spare time? Watch all the Marvel movies in chronological order!

MARVEL VIEWING ORDER



Smalzy's Surgery

Swan Lake free full performance from The English National Ballet



SWAN LAKE
Free Full Performance

To give feedback on our resources, please follow this link:
<https://forms.office.com/Pages/ResponsePage.aspx?id=m2PRzLrNkUWUWHRLXGI7uvfhBeti5Bovajxv7VzJUODIXRUIIUEVRSkZTTkZNMDBQWJFKQ0JNNC4u>