

Year 12

PSHCE Road Map

From Year 11

Students should come into the sixth form having had a good understanding of their own strengths, goals and aspirations. They will also have recently revisited KS4 relationships and be ready for more mature conversations around sexuality, consent and personal safety.

Autumn 2: Relationships

Students will explore how they can establish and maintain healthy relationships. They will also consider managing risk and personal safety. Mental health will be a theme for this half term. Our PCSO will visit the students to embed some personal safety tips in an organised talk. Students will also get the opportunity to take part in "Safe drive Stay alive"

Spring 2: Health & Wellbeing

Students consider the subject of contraception and parenthood. They also explore the topic of addiction and different examples thereof.

Summer 2: Health & Wellbeing

Students will start to prepare applications for Post 18 study and/or work. They reflect upon their personal experience and progress so far and start to look in detail at the preparation for next year.

PSHCE



Autumn 1: Health & Wellbeing

Students will spend the first half term looking at the transition to post 16 study. They will explore personal organisation, study skills, workload and time management. They will also take opportunities to develop their wider skills through volunteering and supporting the wider school community. They will start to consider post 18 choices and pathways and experience in these environments. Bullying will be a theme for this half term

Spring 1: Relationships

Students reflect upon their current performance and revisit the key processes surrounding their personal management. They consider the issues surrounding consent and how they affect them as a 16/17 year old. Students continue to prepare for post 18 choices and pathways with more specialist advice and guidance.

Summer 1: Wider World

The importance of Healthy Lifestyles is looked at in more detail. This will link to previous topics studied earlier in the year. Diet, sexual health and personal safety will be considered.



2021 - 2022

Year 13

PSHCE Road Map

From Year 12

Students should come with a wide range of experiences from PSHCE but fundamentally have developed some core areas such as personal safety managing their work life balance in preparation for adulthood.

Autumn 2: Health & Wellbeing

Managing workload and mental health are the focus for this term as students approach their mock exams. Coping strategies as well as revision techniques are explored.

Spring 2: Health & Wellbeing

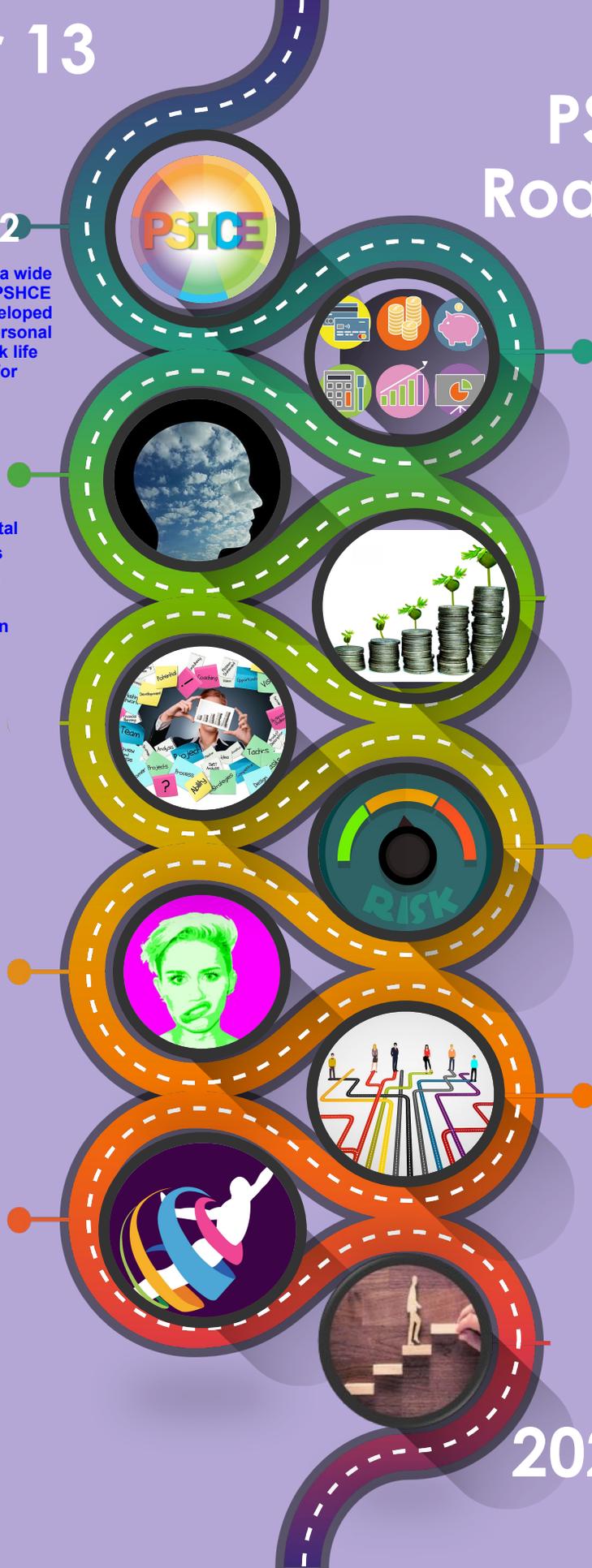
As students approach their exams, PSHCE takes on a more supportive role. Drop in sessions will be available to all students. There will be close support for those actively applying for Apprenticeships during this busy period for applications.

Autumn 1: Wider World

Students will revisit and develop key study skills and personal management. They will develop an understanding of personal finance and how they can manage budgets. Choices and pathways will be revisited.

Spring 1: Health & Wellbeing

Managing risk and personal safety will be addressed looking most specifically at road safety and driving, revisiting the 'safe drive stay alive' topic from Year 12. We also revisit personal safety on a night out. Choices and pathways remain a key focus. Employment rights and responsibilities are explored.



2021 - 2022