

## STUDENT AND PARENT HELPLINES' DIRECTORY

### Addiction

<a href="#">Children of Addicted Parents and People (COAP)</a>	via website only
<a href="#">National Association for Children of Alcoholics</a>	0800 358 3456
<a href="#">Young People and Gambling</a>	0808 8020 133

### Bereavement

<a href="#">Child Death Helpline</a>	0800 282 986
<a href="#">Childhood Bereavement Network</a>	020 7843 6309
<a href="#">Cruse Bereavement Care</a>	0808 808 1677
<a href="#">Grief Encounter</a>	via website only
<a href="#">Hope Again</a>	0808 808 1677
<a href="#">Winston's Wish</a>	08088 020 021

### Bullying

<a href="#">Anti-bullying alliance</a>	via website only
<a href="#">Bullying UK</a>	via website only
<a href="#">Ditch The Label</a>	via website only
<a href="#">National Bullying Helpline</a>	0845 22 55 787

### Cancer

<a href="#">Macmillan Cancer Support</a>	0808 808 00 00
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### Children of Prisoners

<a href="#">National Information Centre on Children of Offenders</a>	via website only
<a href="#">National Prisoners' Families Helpline</a>	0808 808 2003



## Children Missing

<a href="#">Runaway Helpline</a>	116 000
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## Children's Charities

<a href="#">Action for Children</a>	via website only
<a href="#">Barnardos</a>	via website only
<a href="#">Childline</a>	0800 1111
<a href="#">Children's Society</a>	via website only
<a href="#">NSPCC</a>	0808 800 5000
<a href="#">British Association for Counselling and Psychotherapy</a>	via website only

## Crime

<a href="#">Crime Stoppers</a>	0800 555 111
<a href="#">Fearless (Crime Stoppers for Young People)</a>	via website only

## Domestic Abuse

<a href="#">Galop (LGBT)</a>	0800 999 5428
<a href="#">National Domestic Violence Helpline</a>	0808 2000 247
<a href="#">Refuge</a>	0808 2000 247

## Drugs

<a href="#">Talk to Frank</a>	via website only
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## Faith

<a href="#">Muslim Youth Helpline</a>	0808 808 2008
<a href="#">Muslim Community Helpline</a>	020 8908 6715 and 020 8904 8193
<a href="#">Jewish Helpline</a>	0800 6529249



<a href="#">Premier Lifeline</a>	0300 111 0101
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## FGM

<a href="#">Africans Unite Against Child Abuse</a>	via website only
<a href="#">Daughters of Eve</a>	via website only
<a href="#">Forward UK</a>	0208 960 4000
<a href="#">NSPCC FGM Helpline</a>	0800 028 3550

## Forced Marriage

<a href="#">Karma Nirvana</a>	0800 5999 247
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## Housing

<a href="#">Shelter</a>	0808 800 4444
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## LGBT

<a href="#">Stonewall</a>	0207 593 1850
<a href="#">Coram Voice</a>	0808 800 5792
<a href="#">Mermaids</a>	0808 801 0400

## Mental Health

<a href="#">Anna Freud National Centre for Children &amp; Families</a>	via website only
<a href="#">Anxiety UK</a>	03444 775 774
<a href="#">B-eat eating disorders</a>	0808 801 0711
<a href="#">Bipolar UK</a>	0333 323 3880
<a href="#">CALM (Campaign Against Living Miserably)</a>	0800 58 58 58
<a href="#">Charlie Waller Memorial Trust</a>	via website only
<a href="#">HeadMeds</a>	via website only
<a href="#">Heads Together</a>	via website only
<a href="#">Kooth</a>	via website only



<a href="#">Mentally Healthy Schools</a>	via website only
<a href="#">MindEd for Families</a>	via website only
<a href="#">National Self Harm Network</a>	via website only
<a href="#">OCD Action</a>	0845 390 6232
<a href="#">OCD-UK</a>	via website only
<a href="#">Papyrus (Suicide support)</a>	via website only
<a href="#">Rethink Mental Illness</a>	via website only
<a href="#">Samaritans</a>	116 123
<a href="#">Sane</a>	0300 304 7000
<a href="#">Selfharm UK</a>	via website only
<a href="#">The Mix</a>	0808 808 4994
<a href="#">The Royal College of Psychiatrists</a>	via website only
<a href="#">Young Minds</a>	via website only
<a href="#">Young Minds Parents Helpline</a>	0808 802 554

## Migrant Children

<a href="#">Migrant Children's Project</a>	0207 636 8505
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## Online Safety

<a href="#">Child Exploitation Online Protection Centre</a>	via website only
<a href="#">National Professionals Online Safety Helpline</a>	0344 381 4772
<a href="#">Net-Aware</a>	via website only
<a href="#">Safer Internet</a>	via website only
<a href="#">Think U Know</a>	via website only
<a href="#">Parent Line Plus</a>	0808 800 2222

## Self-Harm

<a href="#">Harmless</a>	via website only
<a href="#">National Self Harm Network</a>	via website only



<a href="#">Self-injury support (Girls)</a>	0808 800 8088
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## Sexual Abuse

<a href="#">MOSAC (Mothers of Sexually Abused Children)</a>	0800 980 1958
<a href="#">Stop It Now</a>	0808 1000 900
<a href="#">The Lucy Faithfull Foundation</a>	01527 591922

## Sexual Health

<a href="#">Check Your Bits (Chlamydia Testing)</a>	via website only
<a href="#">Getting It On</a>	via website only
Sexual Health Helpline	0300 123 7123
<a href="#">Brook</a>	via website only

## Staff Support

<a href="#">Education Support Partnership</a>	08000 562 561
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## Whistleblowing

<a href="#">NSPCC Whistleblowing Helpline</a>	0800 028 0285
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